

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**The Vulvovaginal Symptom Questionnaire** The following questions were developed to assess skin symptoms of women. The skin surrounding the vagina is called the vulva. Just like the skin in other parts of the body, the vulva can sometimes become irritated. Many women experience discomfort in the region of the vulva. These symptoms may be mild, but can sometimes be severe. The following questions will ask you about your vulvar skin symptoms during the past week.

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**During the past week, have you been bothered by?**

- |     |  |    |     |
|-----|--|----|-----|
| 1.  | Your vulva <u>itching</u> ?  | No | Yes |
| 2.  | Your vulva <u>burning or stinging</u> ?  | No | Yes |
| 3.  | Your vulva <u>hurting</u> ?  | No | Yes |
| 4.  | Your vulva <u>being irritated</u> ?  | No | Yes |
| 5.  | Your vulva <u>being dry</u> ?  | No | Yes |
| 6.  | <u>Discharge</u> from your vulva or vagina?  | No | Yes |
| 7.  | <u>Odor</u> from your vulva or vagina?   | No | Yes |
| 8.  | <u>Worry</u> about your vulvar symptoms?<br>(for example, that it will spread, get worse, scar, etc.)  | No | Yes |
| 9.  | The <u>appearance</u> of your vulva?   | No | Yes |
| 10. | <u>Frustration</u> about your vulvar symptoms?   | No | Yes |
| 11. | <u>Embarrassment</u> about your vulva symptoms?  | No | Yes |
| 12. | The effects of your vulvar symptoms in on <u>your interactions with others</u> ?   | No | Yes |
| 13. | The effects of your vulvar symptoms on your <u>desire to be with people</u> ?  | No | Yes |
| 14. | Your vulvar symptoms <u>making it hard to show affection</u> ?   | No | Yes |
| 15. | The effects of your vulvar symptoms on <u>your daily activities</u> ?  | No | Yes |
| 16. | Your vulvar symptoms affecting your <u>desire to be intimate</u> ?   | No | Yes |
| 17. | Are you currently sexually active with a partner?<br>No – Thank you. You are done with this questionnaire<br>Yes – Please proceed with the next 4 questions. |    |     |
| 18. | The effects of your vulvar symptoms on your sexual relationships?  | No | Yes |
| 19. | Your vulvar symptoms causing <u>pain during sexual activity</u> ?  | No | Yes |
| 20. | Your vulvar symptoms causing <u>dryness during sexual activity</u> ?   | No | Yes |
| 21. | Your vulvar symptoms causing <u>bleeding during sexual activity</u> ?  | No | Yes |